

# **DODGE BALL RULES**

## **PLAY AREA:**

-Games will be played in the Athletics Building. The out of bounce and half court lines will serve as the boundaries for dodge ball.

## **TEAMS:**

-A team consists of 6 players on the court. A team may play with fewer than 6 players.

-Extra Players: No more than 6 players per team may be on the court at a time. If a team has additional players, they may wait on the sideline to enter when their team catches an opponent's throw, but may only enter if less than 6 players are on the court at that time.

## **TIME/RESULTS:**

-30 minutes of continuous play is allotted per **match**. As many **games** as time allows will be played within that time.

-The team to win the most **games** in the time allowed wins the **match**.

-Time will stop for timeouts, injury only.

-Teams will switch sides after every game.

## **PLAY:**

-To start the each game, 6 dodgeballs will be placed at half court. Teams will stand behind end lines waiting for the official's whistle. At the whistle, teams will run toward the center to retrieve balls returning back to the end lines\*\*\*This will only be done at the beginning of each game. This is the only times that the end lines are not out of bounds.

-Objective: hit opponents with balls to eliminate them from the game. When all the players of one team have been eliminated, the other team wins that game.

-If a player is hit by a "fly ball", (before it hits the floor and after being thrown by a player on the opposing team), that player is eliminated.

-If the player is hit in the head, they are not out.

-If the player hit has possession of another ball, they must immediately drop the ball. They may not throw, pass, or hand the ball off to a teammate.

-Eliminated players from each court will form lines on their side of the court (the jail). Keep in order of being eliminated with the first person eliminated standing by center line at least 5 feet off the sideline. Re-enter on a "caught" ball in same order eliminated. Bench players (players who have not yet played in that particular game) remain separate from the jail.

-If a player catches a "fly ball", the thrower is eliminated. ALSO: The other team returns an eliminated player to their team. Players come back into the game in the order they were eliminated or a player from the bench who has not yet played in that game may enter. NOTE: using a player from the "bench" will not change the order that players from the jail may reenter the game.

-Once a player has been active in a game, they will not return to the bench for that game. They

will either be active in the game or waiting in the jail.

-No players are in the jail at the start of each game.

-Players may reach but not step on or over the half court line.

-Stepping on or over the half court will void any hit by that player.

-Balls may be deflected with a held ball. If the held ball is dropped as a result of the deflection the player who dropped the ball is eliminated.

-If a ball hits one player, but is caught by another player, the player hit is eliminated but another player may return as a result of the caught ball. If no players are in the jail the eliminated player may return to the court. \*\*\*Also: the player who threw the ball is eliminated.

-If a ball hits more than one player before hitting the ground, each player hit is out.

-Out-of-Bounds: Catching a ball out-of-bounds does not count. Anything caught, thrown, or being hit outside of the boundaries of the court does not count.

-If a player intentionally steps outside of the bounds to avoid being hit, they are eliminated

-A ball rebounding off a wall, backboard etc. does not eliminate a player whether hit or caught.

-Substitutions will not be made. Exceptions will only be made in the case of injury.

-Players may not lift or support their teammates in catching a throw.

-No one team can retain the possession of all 6 balls for more than five seconds. A five second call forfeits all balls to the other team by rolling them across half court.

### **OUT OF BOUNDS:**

-All space outside the basketball court boundaries is out of bounds. Any balls going out of bounds will be returned to the side which it went out of bounds on. Where it rolls after it is out of bounds does not count.

-Players may only leave the boundaries to retrieve balls that went out of bounds on their side. Out of bounds balls may also be retrieved by bench players, eliminated players, or spectators. An out of bounds ball may only be thrown once it is in the possession of a player who is in bounds.

### **TIE BREAKER RULE:**

-At the expiration of time the current game will stop. Number of game wins will be tallied. If the score is tied a sudden death game will commence. Two players from each team will be selected to play. Each team will have one ball. An additional ball will be placed in the center of play. Teams will again start behind the end lines. The ball in the center does not need to be cleared. The first team to eliminate a player will be declared the winner.