

**Old Dominion University
Exercise Science Program
Internship Addresses**

CARDIAC REHABILITATION

Virginia Beach General Cardiac Fitness Center
Contact: Scott VanGeluwe
2126 Great Neck Square Shopping Center
Virginia Beach, VA 234541
481-7656

Lifestyle Fitness Center
Chesapeake General Hospital
Contact: Christopher T. Brinkley
800 Battlefield Blvd, North
P.O. Box 2028
Chesapeake, VA 23320
312-6132

Norfolk General Hospital
Contact: Tawnya Reynolds
600 Gresham Drive
Norfolk, VA 23507
668-3921

Bon Secour DePaul Hospital Medical Center
Contact: Twanna Bryant
150 Kingsley Lane
Norfolk, Virginia 23505
889-2126

Riverside Rehabilitation
Contact: Susan Donston
500 J. Clyde Morris Blvd.
Newport News, Virginia 23601
594-2291

Norfolk Surgical Group
Non-invasive Technology
Contact: Linda Kiraly
250 West Brambleton Ave
Norfolk, VA 23510
622-2649

Columbia Retreat Hospital
Contact: Sarah Smith
2621 Grove Avenue
Richmond, VA
804 254-5198

Inova Fairfax Hospital
Contact: Wendy Johnson/Nicole Price
7036 Columbia Pike
Annandale, VA
703 698-3576

George Washington University
Women's Exercise Research Center
Contact: Jollie Glass
jolle@gwu.edu
2127 G St NW
Washington, DC
202 994-6927

Bon Secour Maryview hospital
Contact: Brenda Alexander
3636 high Street
Portsmouth, VA 23454
398-2591

Sentara Hampton
Contact: Donna Peebles
3120 Victoria Blvd
Hampton, VA 23661
827-2078

PHYSICAL THERAPY

Health South Sports Medicine and Rehabilitation Center
Contact: Cynthia Cooper
4501 N. Witchduck Road
Virginia Beach, VA 23455
490-9243

Health South Sports Medicine and Rehabilitation Center
Contact: Renee Midget

Ghent Physical Therapy
Contact: Tania Hines
957 W. 21st St
Norfolk, VA
623-0867

Norfolk Physical Therapy Center
Contact: Robin Visser

1849 Old Donation Parkway
Virginia Beach, VA
481-3349

839 Poplar Hall Dr
Norfolk, VA 23517
459-2112

Tidewater Physical Therapy Center
Contact: Holly Becker
535 Hilltop Plaza Shopping Center
Virginia Beach, VA
425-6234

WELLNESS

Langley Health and Wellness Center
223 Elm Street
Hampton, VA 23669
764-5791/5792
cathyhenry@langley.af.com

YMCA - Reston
12196 Sunset Hills Road
Reston, VA 20190
703 318-5304

USAA
Contact: Debbie Kopeccky
5800 North Hampton Blvd
Norfolk, VA 23502-0939
893-5509
debbie.kopeccky@usaa.com

Bayside Wellness and Fitness Center
Contact: Mark Dana
1608 Pleasure House Road
Virginia Beach, VA 23455
464-3333

Ford Motor Company
Contact: Dianna Guess
2424 Ford Drive
Norfolk, VA 23523
494-5502
dguess@ford.com

The Cooper Institute

Dallas, Texas
800 365-7050 ext 3250

Depaul Wellness Center
Contact: Kimberely Parrish
150 Kingsley Lane
Norfolk, Virginia 23505
889-5112

JPMorgan Chase Bank Fitness Center
Contact: Mike McLaughlin
150 West University Drive, Bldg G
Tempe, AZ 85282
480 902-7115

City of Norfolk-Employee Wellness Program
Contact: Donna Vogel
Department of Human Resources
100 City Hall Building
Norfolk, VA
664-4457
donna.vogel@norfolk.gov

JPMorgan Chase Bank Fitness Center
Contact: Reginald Brown
400 White Clay Center
Newark, DE 19711
302 758-4095

Norfolk Family YMCA
Contact: Barbara Moore/Beth Armstrong
312 West Bute St
Norfolk, VA
622-9622

JPMorgan Chase Bank Fitness Center
Contact: Bruce Lipsky
1 Chase Manhattan Plaza, 1 fl
New York, NY 10081
212 552-7992

Greenbrier Country Club
Contact: Liliana Crane
1301 Volvo Parkway
Chesapeake, VA 23320
547-7375
liliana.crane@ouclub.com

First Colonial Inn
Contact: Matt Towler
854 First Colonial Road
Virginia Beach, VA 23451
428-2884
towler@kiscoret.com

Riverside Wellness and Fitness Center
Contact: Lavonne Joyce
627 Pilot House Drive
Newport News, VA 23606
594-2433
lavonnejoyce@rivhs.com

Old Dominion University
Wellness Institute and Research Center
Dept ESPER
Rm 140
Norfolk, VA 23503
Contact: Dr. David Swain
683-6028
dswain@odu.edu

Chesapeake General Hospital-Lifestyle Center
Contact: Beth Reitz
800 Battlefield Blvd
Chesapeake, VA 23320
312-6132
beth.reitz@chelath.org

Riverside Wellness & Fitness Centers
(6 locations in VA)
Contact: LaVonne Joyce
Lavonne.joyce.rivs.com
627 Pilot House Drive
Newport News, VA 23606
757 594-2433

Norfolk Yacht and Country Club
Contact: Alex Garland
7001 Hampton Blvd
Norfolk, VA 53505
489-5385
agarland@norfolkyacht.com

JPMorgan Chase Bank Fitness Center
Contact: Mike Denino
4 Chase Metro Tech Center, 2 Fl
Brooklyn, NY 11245
718 242-8127

JPMorgan Chase Bank Fitness Center
Contact: Jeffrey Keller
4110 George Rd, 1 FL
Tampa, FL
813 584-3988

Naval Amphibious Base – Little Creek
Rockwell Hall Gymnasium
Contact: Paul Knapp
Bldg #3147
Norfolk, VA
462-1491

JPMorgan Chase Bank Fitness Center
Contact: Cassandra Howard
10420 Highland Manor Drive, 1 FL
Tampa, FL
813 432-5308

Dept of Army
Contact: Bill Von Ohlen
Anderson Field House, Bldg 643
Fort Eustis, VA 23604
878-2097 William.vonohlen@eustis.army.mil

Johnson & Johnson, Health Care Systems
Contact: Monique Schmottlach
McLean, VA
703 676-8964
mschmott@hcsus.jnj.com

Chesapeake General Hospital-Lifestyle Center
Contact: Beth Vincent or Page Lile
Western Branch
4626 Taylor Road
Chesapeake, VA 23321
483-8300
brad.Vincent@chelth.org
paige.lile@chelath.org

YMCA MT Trashmore Family YMCA
Contact: Karen Gambill
4441 South Blvd
Virginia Beach, VA 23452
456-9622
kgambill@ymcashr.org

CHIROPRACTIC

Beach-Norfolk Chiropractic
Contact: Dr. Scott Niblo
953-A W.21st St.
Norfolk, VA 23517
622-8777

ADDITIONAL WEB SITES DOR INSTERNSHIPS:

<http://www.acsm.org> (if a member of ACSM)

<http://www.seacsm.org>

<http://www.wellnessconnection.com>